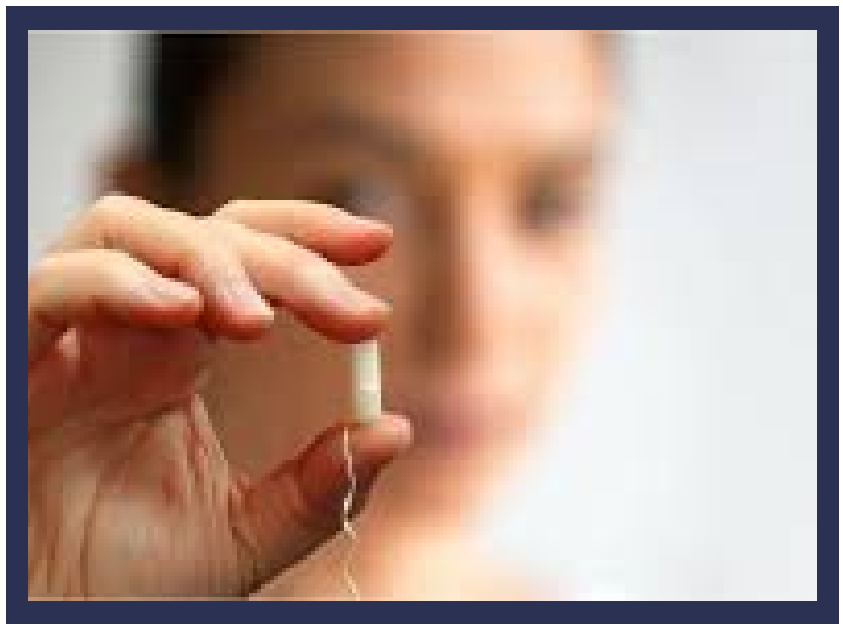
Esophageal String Test



The Esophageal String Test checks how your esophagus—the tube that connects your mouth to your stomach—is reacting to your treatment for Eosinophilic Esophagitis (EoE). Instead of having an endoscopy (scope), this simple test can show if there is still inflammation or active disease in your esophagus. The test uses a small EnteroTracker® capsule, about the size of a Tic Tac or ibuprofen tablet.

- Minimally invasive – No needles or sedation needed
- Quick and easy – Just swallow, relax, and retrieve
- Done in the doctor's office – No hospital visit required
- Lower cost – Less expensive than traditional procedures





The Esophageal String Test helps your doctor:

- Check how well your treatment is working
- See how your body responds to food elimination plans
- Watch for changes in disease activity over time
- Reduce the number of endoscopies you may need

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The information presented is intended for educational purposes only. It is not intended to take the place of your personal doctor's advice and is not intended to diagnose, treat, cure or prevent any disease. The information should not be used in place of a visit, call or consultation or advice of your doctor or other health care provider.

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Helpful Tips and Other Information

Before the Test:

- You must be able to swallow a small capsule for this test.
- If you have trouble swallowing pills or capsules, talk with your care team—they can help you practice or give you tips.

The Esophageal String Test has two simple parts:

- Collecting the sample – The capsule is swallowed, and it gently collects material from your esophagus.
- Lab analysis – The sample is then sent to EnteroTrack's lab. Your doctor will receive a report with your results.

Day of the Test:

- Don't eat for 2 hours before swallowing the capsule.
- Don't drink for 1 hour before swallowing the capsule.
- You can take your regular medicines on the day of the procedure.

After the Test:

Once the test is done, you can and eat and drink normally and go back to normal activity. Do not undergo MRI within two days following the test. You shouldn't have any side-effects from the procedure. Call your doctor if these happen:

- You have trouble breathing or swallowing
- You have chest or stomach pain
- You have a fever
- You have a sore throat that won't go away or can't speak

EnteroTrack will bill your insurance for the test. Phone/email is included below for any billing questions.

Frequently Asked Questions:

What are the benefits of the Esophageal String Test?

– The Esophageal String Test makes it easy to check for inflammation in the esophagus without having to do repeated, invasive procedures like endoscopies. It helps your doctor see how well your treatment is working and how your EoE is changing over time. It can also save money compared to other testing methods.

How does the Esophageal String Test Work?

– The test uses a tiny string attached to a small capsule to collect a sample from your esophagus. The sample acts like a "liquid biopsy," giving your doctor a clear look at what's happening inside your esophagus.

Is the Esophageal String Test safe and reliable?

– Yes. The Esophageal String Test has been proven safe and effective in both adults and children. It's a gentle and trusted way to collect samples from your esophagus without needing sedation or hospital visits.

What kinds of information can the Esophageal String Test samples provide healthcare professionals?

– The sample collected from the string gives your doctor important details about inflammation and disease activity in your esophagus. This helps your care team track your progress, adjust treatment if needed, and better understand your EoE over time.

For More Information:

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